

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2026

Assisted Living Calendar

Colorado Springs: Assisted Living

10:30am Video Exercise
12:00pm Annual Luau
1:30pm Movie Matinee
2:30pm Cranium Crunch
Packets
3:00pm King's in the Corner
4:00pm Weekend Leisure
Packets

2
9:00am Lutheran Church
Services
9:00am Catholic Church
Service
10:30am Video Exercise
1:30pm Movie Matinee
2:30pm Adult Coloring Pages
3:30pm Resident Led Card
Game

3
9:30am Early Bird's Exercise
with Paxxon
10:15am Hearing Aid Clinic
10:30am Arts: Colorado Flag
Painting
1:30pm Bingo
2:30pm King's in the Corner
3:00pm Bible Study
4:00pm Family Feud

4
9:30am Early Birds Exercise
with Paxxon
10:00am Coffee Chat with
Melissa
1:30pm Beach Volleyball
2:30pm Taste & Talk Club:
Palisade Beach Yogurt
3:00pm Tuesday Trivia:
Colorado Facts
4:00pm Resident Led Games

5
8:00am Shopping Trip
10:30am Balance Training with
Danielle
1:30pm Will's Famous Scenic
Drive
2:30pm Wednesday Movie
Matinee
3:30pm Take a Trip: Colorado's
14ers
4:00pm Outdoor Walk

6
9:30am Early Birds Exercise
with Paxxon
10:00am Good Morning Coffee
Social: Speciality Coffee -
Carmel Latte
10:30am Morning Walking Club
1:30pm Bingo
2:30pm Melody Living Baseball:
Pitching Challenge
3:30pm The History of
Colorado Presentation

7
10:30am Resistant Band
Exercise with Danielle
1:00pm Crafts: Greetings from
Colorado Postcard
2:30pm Ice Cream Social
3:00pm Colorado's 150th
Birthday Happy Hour with Lone
Wolf
4:00pm Resident Led Games

8
10:30am Video Exercise
12:00pm Annual Luau
1:30pm Movie Matinee
2:30pm Cranium Crunch
Packets
3:00pm King's in the Corner
4:00pm Weekend Leisure
Packets

9
9:00am Lutheran Church
Services
9:00am Catholic Church
Service
10:30am Video Exercise
1:30pm Movie Matinee
2:30pm Adult Coloring Pages
3:30pm Resident Led Card
Game

10
9:30am Early Bird's Exercise
with Paxxon
10:30am Arts: Dog Days of
Summer Painting
1:30pm GO! Team Therapy
Dogs
2:30pm King's in the Corner
3:00pm Bible Study
4:00pm Family Feud

11
9:30am Early Birds Exercise
with Paxxon
10:00am Welcome Committee
Meeting
1:30pm Ring Toss
2:30pm Taste & Talk Club:
Pupcups
3:00pm Tuesday Trivia: Dog
Trivia
4:00pm Resident Led Games

12
8:00am Shopping Trip
10:30am Balance Training with
Danielle
11:30am Lunch Bunch: Lazy
Dog
2:30pm Wednesday Movie
Matinee
3:30pm Dog Days of Summer:
Water Balloon Fun!
4:00pm Pet Visits with Koda

13
9:30am Early Birds Exercise
with Paxxon
10:00am Catholic Communion
10:30am Morning Walking Club
1:30pm Bingo
2:30pm Melody Living Baseball:
Batting Challenge
3:30pm Guess the Staff
Members Puppy

14
10:30am Resistant Band
Exercise with Danielle
11:30am Veteran's Lunch
1:00pm August Arts & Crafts
2:30pm Dog Day's of Summer:
Ice Cream Party
3:00pm Entertainment with
Amy Hindman
4:00pm Resident Led Games

15
10:30am Video Exercise
12:00pm Annual Luau
1:30pm Movie Matinee
2:30pm Cranium Crunch
Packets
3:00pm King's in the Corner
4:00pm Weekend Leisure
Packets

16
9:00am Lutheran Church
Services
9:00am Catholic Church
Service
10:30am Video Exercise
1:30pm Movie Matinee
2:30pm Adult Coloring Pages
3:30pm Resident Led Card
Game

17
9:30am Early Bird's Exercise
with Paxxon
10:30am Arts: Sea Turtle
Painting
1:30pm Bingo
2:30pm King's in the Corner
3:00pm Bible Study
4:00pm Family Feud

18
9:30am Early Birds Exercise
with Paxxon
10:00am Coffee Chat with
Melissa
1:30pm Balloon Volleyball
2:30pm Taste & Talk Club:
Banana Split
3:00pm Tuesday Trivia
4:00pm Resident Led Games

19
8:00am Shopping Trip
10:30am Balance Training with
Danielle
1:30pm Out on Town
2:30pm Wednesday Movie
Matinee
3:30pm Name that Tune
4:00pm Outdoor Walk

20
9:30am Early Birds Exercise
with Paxxon
10:00am Good Morning Coffee
Social: Speciality Coffee -
Raspberry Mocha
10:30am Morning Walking Club
1:30pm Bingo
2:30pm Melody Living Baseball:
Catching Challenge
3:30pm Who Wants to be a
Millionaire?

21
10:30am Resistant Band
Exercise with Danielle
1:00pm August Arts & Crafts
2:30pm Ice Cream Social
3:00pm Entertainment with
Skip Moore
4:00pm Resident Led Games

22
10:30am Video Exercise
12:00pm Annual Luau
1:30pm Movie Matinee
2:30pm Cranium Crunch
Packets
3:00pm King's in the Corner
4:00pm Weekend Leisure
Packets

23
9:00am Lutheran Church
Services
9:00am Catholic Church
Service
10:30am Video Exercise
1:30pm Movie Matinee
2:30pm Adult Coloring Pages
3:30pm Resident Led Card
Game

24
9:30am Early Bird's Exercise
with Paxxon
10:30am Arts: Surprise Painting
1:30pm Bingo
2:30pm King's in the Corner
3:00pm Bible Study
4:00pm Family Feud

25
9:30am Early Birds Exercise
with Paxxon
10:00am Activity's Meeting
1:30pm Resident Council/Food
Forum
2:30pm Taste & Talk Club:
Pineapple Upside Down Cake
3:00pm Tuesday Trivia: Luau
Trivia
4:00pm Resident Led Games

26
8:00am Shopping Trip
10:30am Balance Training with
Danielle
1:30pm Coffee Shop & Cookies
2:30pm Movie Matinee
3:30pm Fly Your Kite!
4:00pm Outdoor Walk

27
9:30am Early Birds Exercise
with Paxxon
10:00am Catholic Communion
10:30am Morning Walking Club
1:30pm Piano Hour
2:30pm Melody Living Baseball:
Bean Bag Baseball
3:30pm Travel to: Hawaii

28
10:30am Resistant Band
Exercise with Danielle
1:00pm August Arts & Crafts:
DIY Leis
2:30pm Ice Cream Social
3:00pm Entertainment with
George Whiteshell
4:00pm Resident Led Games

29
10:30am Video Exercise
12:00pm Annual Luau
1:30pm Movie Matinee
2:30pm Cranium Crunch
Packets
3:00pm King's in the Corner
4:00pm Weekend Leisure
Packets

30
9:00am Lutheran Church
Services
9:00am Catholic Church
Service
10:30am Video Exercise
1:30pm Movie Matinee
2:30pm Adult Coloring Pages
3:30pm Resident Led Card
Game

31
9:30am Early Bird's Exercise
with Paxxon
10:30am Arts: Sunset Painting
1:30pm Bingo
2:30pm King's in the Corner
3:00pm Bible Study
4:00pm Family Feud

