

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 MELODY LIVING	July 2026 Memory Care Calendar Colorado Springs		1 9:00am Tea + Convo 10:00am Walking Club 1:30pm Snack Making Club 2:30pm Red, White, and Blue Arts 3:30pm Reminisce + Discuss 4:00pm Handwashing + Music 6:00pm Wind Down Movies	2 9:00am Morning Greetings 10:00am Stretch + Move 1:30pm Pool Noodle Hockey 2:30pm Patriotic Happy Hour 3:30pm Lavendar Hand Massage 4:00pm Handwashing + Music 6:00pm Wind Down Movies	3 9:00am Coffee + Conversation 10:00am Zumba 1:30pm Bingo 2:30pm Ice Cream Social 3:00pm Entertainment with Lone Wolf 4:00pm Handwashing + Music 6:00pm Wind Down Movies	4 9:00am Tea + Chronicles 10:00am Walking Club 1:30pm 4th of July Firework Craft 2:30pm 250th Birthday of America Celebration! 3:30pm Red, White, and Blue Sing a long! 6:00pm Wind Down Movies
5 9:00am Sunday Coffee Social 10:00am Hymns + Church Service 1:30pm Miniature Horse Visits 2:30pm Afternoon Video Exercise 3:30pm Puzzles + Word Games 6:00pm Wind Down Movies	6 9:00am Morning Coffee club 10:00am Video Exercise 1:30pm Afternoon Zumba 2:30pm Bingo with Alma 3:30pm Craft Time 4:00pm Handwashing + Music 6:00pm Wind Down Movies	7 9:00am Coffee + Chronicles 10:00am Chair Fitness 1:30pm Will's Scenic Drive 2:30pm Summer Sing a long 3:30pm Helping Hands Club 4:00pm Hand Washing + Music 6:00pm Wind Down Movies	8 9:00am Tea + Convo 10:00am Walking Club 1:30pm Snack Making Club 2:30pm Summer Arts 3:30pm Reminisce + Discuss 4:00pm Handwashing + Music 6:00pm Wind Down Movies	9 9:00am Morning Greetings 10:00am Stretch + Move 10:00am Catholic Communion 1:30pm Pool Noodle Hockey 2:30pm Patriotic Happy Hour 3:30pm Lavendar Hand Massage 4:00pm Handwashing + Music 6:00pm Wind Down Movies	10 9:00am Coffee + Conversation 10:00am Zumba 1:30pm Bingo 2:30pm Ice Cream Social 3:00pm Entertainment with Amy Hindman 4:00pm Handwashing + Music 6:00pm Wind Down Movies	11 9:00am Tea + Chronicles 10:00am Walking Club 1:30pm Hip Hip Horaay Head Ware Craft 2:30pm Chicken Soup for the Soul 3:30pm Poets Workshop with Lesley 6:00pm Wind Down Movies
12 9:00am Sunday Coffee Social 10:00am Hymns + Church Service 1:30pm Adult Coloring Pages 2:30pm Afternoon Video Exercise 3:30pm Puzzles + Word Games 6:00pm Wind Down Movies	13 9:00am Morning Coffee Club 10:00am Video Exercise 1:30pm Afternoon Zumba 2:00pm GO! Team Therapy Dogs 2:30pm Bingo with Alma 3:30pm Craft Time 4:00pm Handwashing + Music 6:00pm Wind Down Movies	14 9:00am Coffee + Chronicles 10:00am Chair Fitness 1:30pm Will's Scenic Drive 2:30pm Summer Sing a long 3:30pm Helping Hands Club 4:00pm Hand Washing + Music 6:00pm Wind Down Movies	15 9:00am Tea + Convo 10:00am Walking Club 1:30pm Snack Making Club 2:30pm July Arts 3:30pm Reminisce + Discuss 4:00pm Handwashing + Music 6:00pm Wind Down Movies	16 9:00am Morning Greetings 10:00am Stretch + Move 10:00am Catholic Communion 1:30pm Pool Noodle Hockey 2:30pm Patriotic Happy Hour 3:30pm Lavendar Hand Massage 4:00pm Handwashing + Music 6:00pm Wind Down Movies	17 9:00am Coffee + Conversation 10:00am Zumba 11:00am Hymns of Faith 1:30pm Bingo 2:30pm Ice Cream Social 3:00pm Entertainment with Skip Moore 4:00pm Handwashing + Music 6:00pm Wind Down Movies	18 9:00am Tea + Chronicles 10:00am Walking Club 1:30pm Hip Hip Horaay Head Ware Craft 2:30pm Chicken Soup for the Soul 3:30pm Poets Workshop with Lesley 6:00pm Wind Down Movies
19 9:00am Sunday Coffee Social 10:00am Hymns + Church Service 1:30pm Adult Coloring Pages 2:30pm Afternoon Video Exercise 3:30pm Puzzles + Word Games 6:00pm Wind Down Movies	20 9:00am Morning Coffee club 10:00am Video Exercise 1:30pm Afternoon Zumba 2:30pm Bingo with Alma 3:30pm Craft Time 4:00pm Handwashing + Music 6:00pm Wind Down Movies	21 9:00am Coffee + Chronicles 10:00am Chair Fitness 1:30pm Will's Scenic Drive 2:30pm Summer Sing a long 3:30pm Helping Hands Club 4:00pm Hand Washing + Music 6:00pm Wind Down Movies	22 9:00am Tea + Convo 10:00am Walking Club 1:30pm Snack Making Club 2:30pm Classical Music + Painting 3:30pm Reminisce + Discuss 4:00pm Handwashing + Music 6:00pm Wind Down Movies	23 9:00am Morning Greetings 10:00am Stretch + Move 10:00am Catholic Communion 1:30pm Pool Noodle Hockey 2:30pm Patriotic Happy Hour 3:30pm Lavendar Hand Massage 4:00pm Handwashing + Music 6:00pm Wind Down Movies	24 9:00am Coffee + Conversation 10:00am Zumba 1:30pm Bingo 2:30pm Ice Cream Social 3:00pm Entertainment with Lone Wolf 4:00pm Handwashing + Music 6:00pm Wind Down Movies	25 9:00am Tea + Chronicles 10:00am Walking Club 1:30pm Hip Hip Hooray Head Ware Craft 2:30pm Chicken Soup for the Soul 3:30pm Poets Workshop with Lesley 6:00pm Wind Down Movies
26 9:00am Sunday Coffee Social 10:00am Hymns + Church Service 1:30pm Adult Coloring Pages 2:30pm Afternoon Video Exercise 3:30pm Puzzles + Word Games 6:00pm Wind Down Movies	27 9:00am Morning Coffee club 10:00am Video Exercise 1:30pm Afternoon Zumba 2:30pm Bingo with Alma 3:30pm Craft Time 4:00pm Handwashing + Music 6:00pm Wind Down Movies	28 9:00am Coffee + Chronicles 10:00am Chair Fitness 1:30pm Will's Scenic Drive 2:30pm Summer Sing a long 3:30pm Helping Hands Club 4:00pm Hand Washing + Music 6:00pm Wind Down Movies	29 9:00am Tea + Convo 10:00am Walking Club 1:30pm Snack Making Club 2:30pm August Arts 3:30pm Reminisce + Discuss 4:00pm Handwashing + Music 6:00pm Wind Down Movies	30 9:00am Morning Greetings 10:00am Stretch + Move 1:30pm Pool Noodle Hockey 2:30pm Patriotic Happy Hour 3:30pm Lavendar Hand Massage 4:00pm Handwashing + Music 6:00pm Wind Down Movies	31 9:00am Coffee + Conversation 10:00am Zumba 1:30pm Bingo 2:30pm Ice Cream Social 3:00pm Karaoke Party with Lesley 4:00pm Handwashing + Music 6:00pm Wind Down Movies	