

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# August 2026

## Memory Care Calendar

Colorado Springs

1

9:00am Coffee + Chronicles  
9:30am Morning Finish the Phrase  
10:30am Move + Music  
1:30pm Noodle Hockey  
2:30pm Afternoon Walking Club  
3:00pm Hand Massages + Nail Care  
4:00pm Dinner Sing-along  
6:00pm Wind Down Movie

2

9:00am Coffee + Chronicles  
9:30am Morning Church Service  
10:30am Video Exercise  
1:30pm Afternoon Hymns  
2:00pm Bingo  
3:00pm Afternoon Painting  
6:00pm Wind Down Movie

3

9:00am Coffee + Chronicles  
9:30am Monday Morning Laughs  
10:30am Video Exercise  
1:30pm Coloring Pages  
2:00pm Bingo  
3:30pm Afternoon Crafts  
6:00pm Wind Down Movie

4

9:00am Coffee + Chronicles  
9:30am Tuesday Morning Trivia  
10:30am Dance Class with Lesley  
1:30pm Outing: Ice Cream Shop  
2:30pm Ring Toss  
3:00pm Sensory Corner  
6:00pm Wind Down Movie

5

9:00am Coffee + Chronicles  
9:30am Morning Scripture Reading  
10:30am Strength Training  
1:30pm Balloon Volleyball  
2:30pm Helping Hands: Making Snacks  
3:00pm Ocean Waves + Meditation  
6:00pm Wind Down Movie

6

9:00am Coffee + Chronicles  
9:30am Poetry with Lesley  
10:30am Stretch + Strength  
1:30pm Cornhole  
2:30pm 1:1's with Lesley  
3:00pm Helping Hands: Folding Napkins  
6:00pm Wind Down Movie

7

9:00am Coffee + Chronicles  
9:30am Good News Readings!  
10:30am Zumba  
1:30pm Bingo  
2:30pm Ice Cream Social  
3:00pm 150<sup>th</sup> Birthday of Colorado with Lone Wolf  
6:00pm Wind Down Movie

8

9:00am Coffee + Chronicles  
9:30am Morning Finish the Phrase  
10:30am Move + Music  
1:30pm Noodle Hockey  
2:30pm Afternoon Walking Club  
3:00pm Hand Massages + Nail Care  
4:00pm Dinner Sing-along  
6:00pm Wind Down Movie

9

9:00am Coffee + Chronicles  
9:30am Morning Church Service  
10:30am Video Exercise  
1:30pm Afternoon Hymns  
2:00pm Bingo  
3:00pm Afternoon Painting  
6:00pm Wind Down Movie

10

9:00am Coffee + Chronicles  
9:30am Monday Morning Laughs  
10:30am Video Exercise  
1:30pm Coloring Pages  
2:00pm GO! Team Therapy Dogs  
2:30pm Bingo  
3:30pm Afternoon Crafts  
6:00pm Wind Down Movie

11

9:00am Coffee + Chronicles  
9:30am Tuesday Morning Trivia  
10:30am Dance Class with Lesley  
1:30pm Outing: Coffee Shop  
2:30pm Ring Toss  
3:00pm Music with George Smith  
6:00pm Wind Down Movie

12

9:00am Coffee + Chronicles  
9:30am Morning Scripture Reading  
10:30am Strength Training  
1:30pm Balloon Volleyball  
2:30pm Helping Hands: Making Snacks  
3:00pm Ocean Waves + Meditation  
6:00pm Wind Down Movie

13

9:00am Coffee + Chronicles  
9:30am Poetry with Lesley  
10:00am Catholic Communion Services  
10:30am Stretch + Strength  
1:30pm Cornhole  
2:30pm 1:1's with Lesley  
3:00pm Helping Hands: Folding Napkins  
6:00pm Wind Down Movie

14

9:00am Coffee + Chronicles  
9:30am Good News Readings!  
10:30am Zumba  
1:30pm Bingo  
2:30pm Ice Cream Social  
3:00pm Entertainment: Amy Hindman  
6:00pm Wind Down Movie

15

9:00am Coffee + Chronicles  
9:30am Morning Finish the Phrase  
10:30am Move + Music  
1:30pm Noodle Hockey  
2:30pm Afternoon Walking Club  
3:00pm Hand Massages + Nail Care  
4:00pm Dinner Sing-along  
6:00pm Wind Down Movie

16

9:00am Coffee + Chronicles  
9:30am Morning Church Service  
10:30am Video Exercise  
1:30pm Afternoon Hymns  
2:00pm Bingo  
3:00pm Afternoon Painting  
6:00pm Wind Down Movie

17

9:00am Coffee + Chronicles  
9:30am Monday Morning Laughs  
10:30am Video Exercise  
1:30pm Coloring Pages  
2:00pm Bingo  
3:30pm Afternoon Crafts  
6:00pm Wind Down Movie

18

9:00am Coffee + Chronicles  
9:30am Tuesday Morning Trivia  
10:30am Dance Class with Lesley  
1:30pm Outing: Walk Around the Park  
2:30pm Ring Toss  
3:00pm Sensory Corner  
6:00pm Wind Down Movie

19

9:00am Coffee + Chronicles  
9:30am Morning Scripture Reading  
10:30am Strength Training  
1:30pm Balloon Volleyball  
2:30pm Helping Hands: Making Snacks  
3:00pm Ocean Waves + Meditation  
6:00pm Wind Down Movie

20

9:00am Coffee + Chronicles  
9:30am Poetry with Lesley  
10:30am Stretch + Strength  
1:30pm Cornhole  
2:30pm 1:1's with Lesley  
3:00pm Helping Hands: Folding Napkins  
6:00pm Wind Down Movie

21

9:00am Coffee + Chronicles  
9:30am Good News Readings!  
10:30am Zumba  
11:00am Hymns of Faith with Gordon Johnson  
1:30pm Bingo  
2:30pm Ice Cream Social  
3:00pm Entertainment: Skip Moore  
6:00pm Wind Down Movie

22

9:00am Coffee + Chronicles  
9:30am Morning Finish the Phrase  
10:30am Move + Music  
1:30pm Noodle Hockey  
2:30pm Afternoon Walking Club  
3:00pm Hand Massages + Nail Care  
4:00pm Dinner Sing-along  
6:00pm Wind Down Movie

23

9:00am Coffee + Chronicles  
9:30am Morning Church Service  
10:30am Video Exercise  
1:30pm Afternoon Hymns  
2:00pm Bingo  
3:00pm Afternoon Painting  
6:00pm Wind Down Movie

24

9:00am Coffee + Chronicles  
9:30am Monday Morning Laughs  
10:30am Video Exercise  
1:30pm Coloring Pages  
2:00pm Bingo  
3:30pm Afternoon Crafts  
6:00pm Wind Down Movie

25

9:00am Coffee + Chronicles  
9:30am Tuesday Morning Trivia  
10:30am Dance Class with Lesley  
1:30pm Outing: Scenic Drive  
2:30pm Ring Toss  
3:00pm Sensory Corner  
6:00pm Wind Down Movie

26

9:00am Coffee + Chronicles  
9:30am Morning Scripture Reading  
10:30am Strength Training  
1:30pm Balloon Volleyball  
2:30pm Helping Hands: Making Snacks  
3:00pm Ocean Waves + Meditation  
6:00pm Wind Down Movie

27

9:00am Coffee + Chronicles  
9:30am Poetry with Lesley  
10:00am Catholic Communion Services  
10:30am Stretch + Strength  
1:30pm Cornhole  
2:30pm 1:1's with Lesley  
3:00pm Helping Hands: Folding Napkins  
6:00pm Wind Down Movie

28

9:00am Coffee + Chronicles  
9:30am Good News Readings!  
10:30am Zumba  
1:30pm Bingo  
2:30pm Ice Cream Social  
3:00pm Entertainment: George Whitesell  
6:00pm Wind Down Movie

29

9:00am Coffee + Chronicles  
9:30am Morning Finish the Phrase  
10:30am Move + Music  
1:30pm Noodle Hockey  
2:30pm Afternoon Walking Club  
3:00pm Hand Massages + Nail Care  
4:00pm Dinner Sing-along  
6:00pm Wind Down Movie

30

9:00am Coffee + Chronicles  
9:30am Morning Church Service  
10:30am Video Exercise  
1:30pm Afternoon Hymns  
2:00pm Bingo  
3:00pm Afternoon Painting  
6:00pm Wind Down Movie

31

9:00am Coffee + Chronicles  
9:30am Monday Morning Laughs  
10:30am Video Exercise  
1:30pm Coloring Pages  
2:00pm Bingo  
3:30pm Afternoon Crafts  
6:00pm Wind Down Movie

