

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2026



Independent Living Calendar

STC - Calendar & Activities Subject To Change

10:00am Ball in the Bistro (BI)
1:30pm Warm Hearts Knitting and Crochet (AR)
2:00pm Cards/Games *resident led (BI)
7:15pm Movie Night (HR)

2
Religious Services
Transportation Available
4:00pm When Calls the Heart (HR)

3
8:30am Exercise with Paxxon (FC)
9:00-10:00am Hearing Aid Cleaning by Hearing Life (HR)
10:00am Exercise Equipment Tutorial with Paxxon (FC)
1:00pm MOVIE Babe (1995) (HR)
2:30-4:30pm Mah Jongg (AR)
3:00pm B-I-N-G-O (DR)
4:00pm Bunco (BI)

4
8:30am Exercise with Paxxon (FC)
10:45am Colorado Experience- Documentary (HR)
2:00pm Group Trivia (HR)
3:00pm August BirthdayParty- Everyone Welcome! (BI)
7:00pm Movie Night (Resident Choice) (HR)

5
Wear Purple for Alzheimer's Awareness
8:30am Twist & Bend Seated Dance & Exercise (FC)
8:30am-12:00pm Shopping trip (Any store)**(BUS)
10:00am Welcome Committee Meeting (LI)
10:00am Ball in the Bistro (BI)
11:00am Fire Safety Talk by CSFD (HR)
2:00pm Activities Meeting (HR)
3:00pm Bible Study (HR)
4:15pm Walking Club (weather permitting)

6
8:30am Exercise with Paxxon (FC)
10:00am-noon Craft Corner (AR)
11:00am Jeopardy (HR)
1:30pm Talk by Paxxon (HR)
3:00pm B-I-N-G-O (DR)

7
10:30am Coffee Talk w/ Chef (HR)
11:00am Broadmoor Self Tour/ Lunch \$\$ (BUS)**
1:30pm Go Team Therapy Dogs (LI)
3:00pm Colorado 150 Presentation (HR)
4:00pm Happy Hour Appetizers & Drinks celebrating 150 years of Colorado! With George Sisneros (BI)

8
10:00am Ball in the Bistro (BI)
1:30pm Warm Hearts Knitting and Crochet (AR)
2:00pm Cards/Games *resident led (BI)
7:15pm Movie Night (HR)

9
Religious Services
Transportation Available
2:30pm Colorado Springs Baptist Church Service (HR)
4:00pm When Calls the Heart (HR)

10
8:30am Exercise with Paxxon (FC)
10:00am Caption Call Phone Presentation (HR)
1:00pm MOVIE Where the Wind Blows (2025) (HR)
2:30-4:30pm Mah Jongg (AR)
3:00pm B-I-N-G-O (DR)
4:00pm Bunco (BI)

11
8:30am Exercise with Paxxon (FC)
10:45am Colorado Experience- Documentary (HR)
1:00pm Book Club (AR)
2:00pm Group Trivia (HR)
3:00pm Dog Days of Summer Social - Dogs invited and pup cups will be provided by Hike Doggie! Ice cream treats for residents (PA)
7:00pm Movie Night (Resident Choice) (HR)

12
Wear Purple for Alzheimer's Awareness
8:30am-12:00pm Shopping trip (Any store)**(BUS)
9:30am Zumba with Delaney (FC)
10:00am Ball in the Bistro (BI)
2:00pm Town Hall Meeting/ Foodie Meeting (HR)
3:00pm Bible Study (HR)
4:15pm Walking Club (weather permitting)

13
8:30am Exercise with Paxxon (FC)
10:00am Catholic Communion (AL-T)
10:00am Blood Pressure Clinic- Paxxon (HR)
11:00am Jeopardy (HR)
1:30pm American History Documentary (HR)
3:00pm B-I-N-G-O (DR)

14
1:00pm MOVIE Sheep Detectives (2026) (HR)
2:00pm HappyHour at My Neighbor Felix Mexican Restaurant \$\$ (BUS)**
4:00pm Happy Hour Appetizers & Drinks With Terry Stillwell (BI)

15
10:00am Ball in the Bistro (BI)
1:30pm Warm Hearts Knitting and Crochet (AR)
2:00pm Cards/Games *resident led (BI)
7:15pm Movie Night (HR)

16
Religious Services
Transportation Available
4:00pm When Calls the Heart (HR)

17
8:30am Exercise with Paxxon (FC)
1:00pm MOVIE Four Letters of Love (2025) (HR)
2:30-4:30pm Mah Jongg (AR)
3:00pm B-I-N-G-O (DR)
4:00pm Bunco (BI)

VVA Donation Pickup
8:30am Exercise with Paxxon (FC)
10:30am PPLD LibraryStop (LO)
10:45am Colorado Experience- Documentary (HR)
2:00pm Group Trivia(HR)
3:00pm Social Hour serving peach dessert (PA)
7:00pm Movie Night (Resident Choice) (HR)

19
Wear Purple for Alzheimer's Awareness
8:30am-12:00pm Shopping trip (Any Store)**(BUS)
8:30am Twist & Bend Seated Dance & Exercise (FC)
10:00am Ball in the Bistro (BI)
3:00pm Bible Study (HR)
4:15pm Walking Club (weather permitting)

20
8:30am Exercise with Paxxon (FC)
10:00am-noon Craft Corner (AR)
11:00am Jeopardy (HR)
1:30pm American History Documentary (HR)
3:00pm B-I-N-G-O (DR)
7:00pm S'mores Social (CY)

21
10:00am Denver Zoo \$\$ (BUS)**
10:30am Coffee Talk with Chef (HR)
1:00pm MOVIE Project Hail Mary (2026) (HR)
4:00pm Happy Hour with Lone Wolf

22
10:00am Ball in the Bistro (BI)
1:30pm Warm HeartsKnitting and Crochet (AR)
2:00pm Cards/Games *resident led (BI)
7:15pm Movie Night (HR)

23
Religious Services
Transportation Available
2:30pm Colorado Springs Baptist Church Service (HR)
4:00pm When Calls the Heart (HR)

24
8:30am Exercise with Paxxon (FC)
1:00pm MOVIE LegallyBlonde (2001) (HR)
2:30-4:30pm Mah Jongg (AR)
3:00pm B-I-N-G-O (DR)
4:00pm Bunco (BI)

25
8:30am Exercise with Paxxon (FC)
10:45am ColoradoExperience- Documentary (HR)
2:00pm Group Trivia (HR)
3:00 pm New Resident Social - Everyone Welcome! Serving banana splits (BI)
7:00pm Movie Night (Resident Choice) (HR)

26
Wear Purple for Alzheimer's Awareness
8:30am-12:00pm Shopping trip (Any Store)**(BUS)
9:30am Zumba with Delaney (FC)
10:00am Ball in the Bistro (BI)
3:00pm Bible Study (HR)
4:15pm Walking Club (weather permitting)

27
8:30am Exercise with Paxxon (FC)
10:00am Catholic Communion (AL-T)
11:00am Jeopardy(HR)
2:00pm Travel to Egypt Documentary
4:00pm Taste of Egypt: Chef Demo
3:00pm B-I-N-G-O (DR)

28
11:30am Lunch at BJ's Restaurant \$\$ (BUS)**
10:30am Coffee Talk with Chef (HR)
1:00pm MOVIE Legally Blonde 2: Red,White & Blonde (2003) (HR)
4:00pm Happy Hour Appetizers & Drinks-With Lone Wolf (BI)

29
10:00am Ball in the Bistro (BI)
Luau Lunch
2:00pm Luau Dancers (Outside Bistro)
7:15pm Movie Night (HR)

30
Religious Services
Transportation Available
4:00pm When Calls the Heart (HR)

31
8:30am Exercise with Paxxon (FC)
10:00am-3:00pm Graceful Garb Boutique (outside Bistro)
1:00pm MOVIE Gifted (2017) (HR)
2:30-4:30pm Mah Jongg (AR)
3:00pm B-I-N-G-O (DR)
4:00pm Bunco (BI)

LOCATION

(HR) Harmony Room
 (MR) Melody Room
 (LI) Library
 (CY) Courtyard

(BI) Bistro
 (MR) Main Dining Room
 (AR) Art Room

(FC) Fitness Center
 (PDR) Private Dining
 (AL) Assisted Living

(BUS) Bus
 (LO) Lobby
 (PA) Bistro Patio

Underlined events require sign up

Purple is special days

\$\$ = Additional fee