

July 2026

Independent Living Calendar

STC - Calendar & Activities Subject To Change

LOCATION

(HR) Harmony Room
(MR) Melody Room
(LI) Library
(CY) Courtyard
(BUS) Bus

(BI) Bistro
(MR) Main Dining Room
(AR) Art Room
(PA) Bistro Patio
(LO) Lobby

(FC) Fitness Center
(PDR) Private Dining
(AL) Assisted Living

Underlined events require sign up
Purple is special days
\$\$ = Additional fee



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Canada Day 1 8:30 am Twist & Bend Seated Dance & Exercise (FC) 8:30 am - 12:00 pm Shopping trip (Any store)**(BUS) 10:00 am Welcome Committee Meeting (LI) 10:00 am 9 Ball in the Bistro (BI) 2:00 pm Activities Meeting (HR) 3:00 pm Bible Study (HR) 4:15 pm Walking Club (weather permitting)	2 8:30 am Exercise with Paxxon (FC) 11:00 am Jeopardy (HR) 1:30 pm Talk by Paxxon (HR) 3:00 pm B-I-N-G-O (DR)	3 8:30am Exercise with Paxxon (FC) 10:30am Coffee Talk with Chef (HR) 11:30am Lunch at BJ's Restaurant \$\$ (BUS)** 1:00pm MOVIE Patton (1970) (HR) 1:30pm Go Team Therapy Dogs (LI) 4:00pm 4th of July Party Celebrating America's 250! - With George Sisneros (BI)	Independence Day (U.S.) 4 10:00am 9 Ball in the Bistro (BI) 1:30pm Warm Hearts Knitting and Crochet (AR) 2:00pm Cards/Games *resident led (BI) 7:15pm Movie Night (HR)
Religious Services Transportation Available 5 1:00-3:00pm Houghton Healing & Therapy Horses visit (outside AL) 4:00pm When Calls the Heart (HR)	6 8:30am Exercise with Paxxon (FC) 9:00-10:00am Hearing Aid Cleaning by HearingLife (HR) 10:00am Exercise Equipment Tutorial with Paxxon (FC) 1:00 pm MOVIE The Engagement Plot (2022) (HR) 2:30-4:30pm Mah Jongg (AR) 3:00pm B-I-N-G-O (DR) 4:00pm Bunco (BI)	7 8:30am Exercise with Paxxon (FC) 10:45am Colorado Experience- Documentary (HR) 2:00pm Group Trivia (HR) 3:00pm July Birthday Party- Everyone Welcome! (BI) 4:00pm "Planning with a Purpose: Trusts & Wills" Talk by Mason Law (HR) 7:00pm Movie Night (Resident Choice) (HR)	8 8:30am- 12:00pm Shopping trip (Any store)**(BUS) 9:30am Zumba with Delaney (FC) 10:00am 9 Ball in the Bistro (BI) 2:00pm Town Hall Meeting/Foodie Meeting (HR) 3:00pm Bible Study (HR) 4:15pm Walking Club (weather permitting)	9 8:30am Exercise with Paxxon (FC) 10:00am Noon Craft Corner (AR) 10:00am Catholic Communion (AL-T) 10:00am Blood Pressure Clinic- Paxxon (HR) 11:00am Jeopardy (HR) 1:30pm American History Documentary (HR) 3:00pm B-I-N-G-O (DR)	10 8:30am Exercise with Paxxon (FC) 11:30am Lunch at My Neighbor Felix Mexican Restaurant/ Shopping at Promenade of Briargate (BUS)** 1:00pm MOVIE Hidden Figures (2016) (HR) 4:00pm National Pina Colada Day Happy Hour Appetizers & Pina Coladas - With Oasis Band (BI)	11 10:00am 9 Ball in the Bistro (BI) 1:30pm Warm Hearts Knitting and Crochet (AR) 2:00pm Cards/ Games *resident led (BI) 7:15pm Movie Night (HR)
Religious Services Transportation Available 12 2:30pm Colorado Springs Baptist Church Service (HR) 4:00pm When Calls the Heart (HR)	13 8:30am Exercise with Paxxon (FC) 1:00pm MOVIE The Amazing Panda Adventure (1995) (HR) 2:30-4:30pm Mah Jongg (AR) 3:00pm B-I-N-G-O with Mason Law (DR) 4:00pm Bunco (BI)	Bastille Day 14 8:30am Exercise with Paxxon (FC) 10:45pm Colorado Experience- Documentary (HR) 1:00pm Book Club (AR) 2:00pm Group Trivia (HR) 3:00pm Social Hour serving macarons (PA) 7:00pm Movie Night (Resident Choice) (HR)	15 8:30am - 12:00pm Shopping trip (Any Store)**(BUS) 8:30am Twist & Bend Seated Dance & Exercise (FC) 10:00am 9 Ball in the Bistro (BI) 3:00pm Bible Study (HR) 4:15pm Walking Club (weather permitting)	16 8:30am Exercise with Paxxon (FC) 11:00am Jeopardy (HR) 1:30pm American History Documentary (HR) 3:00pm B-I-N-G-O (DR) 7:00 pm S'mores Social in the Courtyard (CY)	17 8:30am Exercise with Paxxon (FC) 10:30am Coffee Talk with Chef (HR) 1:00pm MOVIE The Hustler (1961) (HR) 4:00pm Happy Hour Appetizers & Drinks- With Charlie Katz (BI) 5:00pm Flying W Ranch Dinner & Show \$\$ (BUS)**	18 10:00am 9 Ball in the Bistro (BI) 1:30pm Warm Hearts Knitting and Crochet (AR) 2:00pm Cards/Games *resident led (BI) 7:15pm Movie Night (HR)
Religious Services Transportation Available 19 4:00pm When Calls the Heart (HR)	20 8:30am Exercise with Paxxon (FC) 1:00pm MOVIE Rudy (1993) (HR) 2:30 - 4:30pm Mah Jongg (AR) 3:00pm B-I-N-G-O (DR) 4:00pm Bunco (BI)	21 8:30am Exercise with Paxxon (FC) 10:30am PPLD Library Stop (LO) 10:45am Colorado Experience- Documentary (HR) 2:00pm Group Trivia (HR) 3:00pm Social Hour serving fresh fruit (PA) 7:00pm Movie Night (Resident Choice) (HR)	22 8:30am - 12:00pm Shopping trip (Any Store)**(BUS) 9:30am Zumba with Delaney (FC) 10:00am 9 Ball in the Bistro (BI) 3:00pm Bible Study (HR) 4:15pm Walking Club (weather permitting)	23 8:30am Exercise with Paxxon (FC) 10:00am Noon Craft Corner (AR) 11:00am Jeopardy (HR) 1:30pm American History Documentary (HR) 3:00pm B-I-N-G-O (DR)	24 8:30am Exercise with Paxxon (FC) 10:00am Rock Ledge Ranch/Picnic Lunch \$\$ (BUS)** 10:30am Coffee Talk with Chef (HR) 1:00pm MOVIE Going My Way (1944) (HR) 4:00pm Happy Hour Appetizers & Drinks- With Terry Stillwell (BI)	25 10:00am 9 Ball in the Bistro (BI) 1:30pm Warm Hearts Knitting and Crochet (AR) 2:00pm Cards/Games *resident led (BI) 7:15pm Movie Night (HR)
Religious Services Transportation Available 26 2:30pm Colorado Springs Baptist Church Service (HR) 4:00pm When Calls the Heart (HR)	27 8:30am Exercise with Paxxon (FC) 10:00am - 3:00 pm Graceful Garb Boutique (outside Bistro) 1:00pm MOVIE A Horse Tale (2017) (HR) 2:30 - 4:30pm Mah Jongg (AR) 3:00pm BIG B-I-N-G-O (DR) 4:00pm Bunco (BI)	28 8:30am Exercise with Paxxon (FC) 10:45am Colorado Experience- Documentary (HR) 2:00pm Group Trivia (HR) 3:00pm New Resident Social- Everyone Welcome! Serving Ice-Cream (BI) 7:00pm Movie Night (Resident Choice) (HR)	29 8:30am - 12:00pm Shopping trip (Any Store)**(BUS) 10:00am 9 Ball in the Bistro (BI) 3:00pm Bible Study (HR) 4:15pm Walking Club (weather permitting)	30 8:30am Exercise with Paxxon (FC) 10:00am Catholic Communion (AL-T) 11:00am Jeopardy (HR) 2:00pm Travel to Spain Documentary (HR) 3:00pm B-I-N-G-O (DR) 4:00pm Taste of Spain Chef Demo (HR)	31 8:30am Exercise with Paxxon (FC) 10:00am Paint Mines Interpretive Park (BUS)** 10:30am Coffee Talk with Chef (HR) 1:00pm MOVIE The Mask of Zorro (1998) (HR) 4:00pm Happy Hour Appetizers & Drinks-With Lone Wolf (BI)	