



August 2026

Assisted Living Calendar

Colorado Springs: Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 9:00am Lutheran Church Services 9:00am Catholic Church Service 10:30am Video Exercise 1:30pm Movie Matinee 2:30pm Adult Coloring Pages 3:30pm Resident Led Card Game	31 9:30am Early Bird's Exercise with Paxxon 10:30am Arts: Sunset Painting 1:30pm Bingo 2:30pm King's in the Corner 3:00pm Bible Study 4:00pm Family Feud					1 10:30am Video Exercise 12:00pm Annual Luau 1:30pm Movie Matinee 2:30pm Cranium Crunch Packets 3:00pm King's in the Corner 4:00pm Weekend Leisure Packets
2 9:00am Lutheran Church Services 9:00am Catholic Church Service 10:30am Video Exercise 1:30pm Movie Matinee 2:30pm Adult Coloring Pages 3:30pm Resident Led Card Game	3 9:30am Early Bird's Exercise with Paxxon 10:15am Hearing Aid Clinic 10:30am Arts: Colorado Flag Painting 1:30pm Bingo 2:30pm King's in the Corner 3:00pm Bible Study 4:00pm Family Feud	4 9:30am Early Birds Exercise with Paxxon 10:00am Coffee Chat with Melissa 1:30pm Beach Volleyball 2:30pm Taste & Talk Club: Palisade Beach Yogurt 3:00pm Tuesday Trivia: Colorado Facts 4:00pm Resident Led Games	5 8:00am Shopping Trip 10:30am Balance Training with Danielle 1:30pm Will's Famous Scenic Drive 2:30pm Wednesday Movie Matinee 3:30pm Take a Trip: Colorado's 14ers 4:00pm Outdoor Walk	6 9:30am Early Birds Exercise with Paxxon 10:00am Good Morning Coffee Social: Speciality Coffee - Carmel Latte 10:30am Morning Walking Club 1:30pm Bingo 2:30pm Melody Living Baseball: Pitching Challenge 3:30pm The History of Colorado Presentation	7 10:30am Resistant Band Exercise with Danielle 1:00pm Crafts: Greetings from Colorado Postcard 2:30pm Ice Cream Social 3:00pm Colorado's 150 th Birthday Happy Hour with Lone Wolf 4:00pm Resident Led Games	8 10:30am Video Exercise 12:00pm Annual Luau 1:30pm Movie Matinee 2:30pm Cranium Crunch Packets 3:00pm King's in the Corner 4:00pm Weekend Leisure Packets
9 9:00am Lutheran Church Services 9:00am Catholic Church Service 10:30am Video Exercise 1:30pm Movie Matinee 2:30pm Adult Coloring Pages 3:30pm Resident Led Card Game	10 9:30am Early Bird's Exercise with Paxxon 10:30am Arts: Dog Days of Summer Painting 1:30pm GO! Team Therapy Dogs 2:30pm King's in the Corner 3:00pm Bible Study 4:00pm Family Feud	11 9:30am Early Birds Exercise with Paxxon 10:00am Welcome Committee Meeting 1:30pm Ring Toss 2:30pm Taste & Talk Club: Puppups 3:00pm Tuesday Trivia: Dog Trivia 4:00pm Resident Led Games	12 8:00am Shopping Trip 10:30am Balance Training with Danielle 11:30am Lunch Bunch: Lazy Dog 2:30pm Wednesday Movie Matinee 3:30pm Dog Days of Summer: Water Balloon Fun! 4:00pm Pet Visits with Koda	13 9:30am Early Birds Exercise with Paxxon 10:00am Catholic Communion 10:30am Morning Walking Club 1:30pm Bingo 2:30pm Melody Living Baseball: Batting Challenge 3:30pm Guess the Staff Members Puppy	14 10:30am Resistant Band Exercise with Danielle 11:30am Veteran's Lunch 1:00pm August Arts & Crafts 2:30pm Dog Day's of Summer: Ice Cream Party 3:00pm Entertainment with Amy Hindman 4:00pm Resident Led Games	15 10:30am Video Exercise 12:00pm Annual Luau 1:30pm Movie Matinee 2:30pm Cranium Crunch Packets 3:00pm King's in the Corner 4:00pm Weekend Leisure Packets
16 9:00am Lutheran Church Services 9:00am Catholic Church Service 10:30am Video Exercise 1:30pm Movie Matinee 2:30pm Adult Coloring Pages 3:30pm Resident Led Card Game	17 9:30am Early Bird's Exercise with Paxxon 10:30am Arts: Sea Turtle Painting 1:30pm Bingo 2:30pm King's in the Corner 3:00pm Bible Study 4:00pm Family Feud	18 9:30am Early Birds Exercise with Paxxon 10:00am Coffee Chat with Melissa 1:30pm Balloon Volleyball 2:30pm Taste & Talk Club: Banana Split 3:00pm Tuesday Trivia 4:00pm Resident Led Games	19 8:00am Shopping Trip 10:30am Balance Training with Danielle 1:30pm Out on Town 2:30pm Wednesday Movie Matinee 3:30pm Name that Tune 4:00pm Outdoor Walk	20 9:30am Early Birds Exercise with Paxxon 10:00am Good Morning Coffee Social: Speciality Coffee - Raspberry Mocha 10:30am Morning Walking Club 1:30pm Bingo 2:30pm Melody Living Baseball: Catching Challenge 3:30pm Who Wants to be a Millionaire?	21 10:30am Resistant Band Exercise with Danielle 1:00pm August Arts & Crafts 2:30pm Ice Cream Social 3:00pm Entertainment with Skip Moore 4:00pm Resident Led Games	22 10:30am Video Exercise 12:00pm Annual Luau 1:30pm Movie Matinee 2:30pm Cranium Crunch Packets 3:00pm King's in the Corner 4:00pm Weekend Leisure Packets
23 9:00am Lutheran Church Services 9:00am Catholic Church Service 10:30am Video Exercise 1:30pm Movie Matinee 2:30pm Adult Coloring Pages 3:30pm Resident Led Card Game	24 9:30am Early Bird's Exercise with Paxxon 10:30am Arts: Surprise Painting 1:30pm Bingo 2:30pm King's in the Corner 3:00pm Bible Study 4:00pm Family Feud	25 9:30am Early Birds Exercise with Paxxon 10:00am Activity's Meeting 1:30pm Resident Council/Food Forum 2:30pm Taste & Talk Club: Pineapple Upside Down Cake 3:00pm Tuesday Trivia: Luau Trivia 4:00pm Resident Led Games	26 8:00am Shopping Trip 10:30am Balance Training with Danielle 1:30pm Coffee Shop & Cookies 2:30pm Movie Matinee 3:30pm Fly Your Kite! 4:00pm Outdoor Walk	27 9:30am Early Birds Exercise with Paxxon 10:00am Catholic Communion 10:30am Morning Walking Club 1:30pm Piano Hour 2:30pm Melody Living Baseball: Bean Bag Baseball 3:30pm Travel to: Hawaii	28 10:30am Resistant Band Exercise with Danielle 1:00pm August Arts & Crafts: DIY Leis 2:30pm Ice Cream Social 3:00pm Entertainment with George Whiteshell 4:00pm Resident Led Games	29 10:30am Video Exercise 12:00pm Annual Luau 1:30pm Movie Matinee 2:30pm Cranium Crunch Packets 3:00pm King's in the Corner 4:00pm Weekend Leisure Packets