



MELODY LIVING

June 2026 Independent Living Calendar

STC - Calendar & Activities Subject To Change

LOCATION

(HR) Harmony Room
(MR) Melody Room
(LI) Library
(CY) Courtyard
(BUS) Bus

(BI) Bistro
(MR) Main Dining Room
(AR) Art Room
(PA) Bistro Patio
(LO) Lobby


(FC) Fitness Center
(PDR) Private Dining
(AL) Assisted Living

Underlined events require sign up

Purple is special days

\$\$ = Additional fee



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1 8:30am Exercise with Paxxon (FC) 9:00-10:00am Hearing Aid Cleaning by HearingLife (HR) 10:00am Exercise Equipment Tutorial with Paxxon (FC) 1:00pm MOVIE The Beach House (2018) (HR) 2:30-4:30pm Mah Jongg (AR) 3:00pm B-I-N-G-O (DR) 4:00pm Bunco (BI)	2 8:30am Exercise with Paxxon (FC) 10:45am Colorado Experience-Documentary (HR) 2:00pm Group Trivia (HR) 3:00pm June Birthday Party- Everyone Welcome! (BI) 7:00pm Movie Night (Resident Choice) (HR)	3 8:30am Twist & Bend Seated Dance & Exercise (FC) 8:30am- 12:00pm Shopping trip (Any store)**(BUS) 10:00am Welcome Committee Meeting (LI) 10:00am 9 Ball in the Bistro (BI) 2:00pm Activities Meeting (HR) 3:00pm Bible Study (HR) 4:15pm Walking Club (weather permitting)	4 8:30am Exercise with Paxxon (FC) 10:00am Noon Craft Corner (AR) 11:00am Jeopardy (HR) 1:30pm "Our Planet" Documentary (HR) 3:00pm B-I-N-G-O (DR)	5 8:30am Exercise with Paxxon (FC) 10:30am COS Downtown Shopping/Lunch \$\$ (BUS)** 10:30am Coffee Talk with Chef (HR) 1:00pm MOVIE The Quiet Man (1952) (HR) 1:30pm Go Team Therapy Dogs (LI) 4:00pm Happy Hour Appetizers & Drinks- With George Sisneros (BI)	6 10:00am 9 Ball in the Bistro (BI) 1:30pm Warm Hearts Knitting and Crochet (AR) 2:00pm Cards/Games *resident led (BI) 7:15pm Movie Night (HR)	
Religious Services Transportation Available 4:00pm When Calls the Heart (HR)	7 8:30am Exercise with Paxxon (FC) 10:00am "Understanding Dementia & Alzheimer's Disease" Talk by Paxxon for Alzheimer's Awareness Month (HR) 1:00pm MOVIE While you were Sleeping (1995) (HR) 2:30-4:30pm Mah Jongg (AR) 3:00pm B-I-N-G-O (DR) 4:00pm Bunco (BI)	8 8:30am Exercise with Paxxon (FC) 10:45am Colorado Experience-Documentary (HR) 1:00pm Book Club (AR) 2:00pm Group Trivia (HR) 3:00pm Social Hour Serving strawberry rhubarb pie (BI/PA) 7:00pm Movie Night (residents Choice) (HR)	9 8:30am- 2:00pm Healthy Foot Care Clinic ** (HR) 8:30am- 12:00pm Shopping trip (Any store)**(BUS) 9:30am Zumba with Delaney (FC) 10:00am 9 Ball in the Bistro (BI) 2:00pm Town Hall Meeting/Foodie Meeting (HR) 3:00pm Bible Study (HR) 4:15pm Walking	10 8:30am Exercise with Paxxon (FC) 10:00am Catholic Communion (AL-T) 10:00am Blood Pressure Clinic- Paxxon (HR) 11:00am Jeopardy (HR) 1:30pm Armchair Travel with Virtual Reality (HR) 3:00pm B-I-N-G-O (DR) 4:15pm Walking	11 8:30am Exercise with Paxxon (FC) 10:00am Denver Aquarium /Lunch\$(BUS)** 1:00pm MOVIE The Cider House Rules (2000) (HR) 4:00pm Happy Hour Appetizers & Drinks- With Terry Stillwell (BI)	12 10:00am 9 Ball in the Bistro (BI) 1:30pm Warm Hearts Knitting and Crochet (AR) 2:00pm Cards/Games *resident led (BI) 7:15pm Movie Night (HR)	
Religious Services Transportation Available Flag Day 2:30pm Colorado Springs Baptist Church Service (HR) 4:00pm When Calls the Heart (HR)	*Deadline for donation drop off at Concierge! 8:30am Exercise with Paxxon (FC) 1:00pm MOVIE Dad (1989) (HR) 2:30-4:30pm Mah Jongg (AR) 3:00pm B-I-N-G-O (DR) 4:00pm Bunco (BI)	VVA Donation Pickup 8:30am Exercise with Paxxon (FC) 10:30am PPLD Library Stop (LO) 10:45am Colorado Experience-Documentary (HR) 2:00pm Group Trivia (HR) 3:00pm Melody Living Golf Tournament (CY) 7:00pm Movie Night (Resident Choice) (HR)	14 8:30am- 12:00pm Shopping trip (Any Store)**(BUS) 8:30am Twist & Bend Seated Dance & Exercise (FC) 10:00am 9 Ball in the Bistro (BI) 3:00pm Bible Study (HR) 4:15pm Walking Club (weather permitting)	15 8:30am Exercise with Paxxon (FC) 10:00am Noon Craft Corner (AR) 11:00am Jeopardy (HR) 1:30pm "Our Planet" Documentary (HR) 3:00pm B-I-N-G-O (DR)	16 8:30am Exercise with Paxxon (FC) 10:30am Coffee Talk with Chef (HR) 1:00pm MOVIE Going My Way (1944) (HR) 4:00pm Happy Hour Appetizers & Drinks- With Charlie Katz (BI) 6:30pm Mamma Mia at Pike's Peak Center \$\$ (BUS) <i>(This trip is full and tickets have been bought for those who signed up last month)</i>	17 10:00am 9 Ball in the Bistro (BI) 1:30pm Warm Hearts Knitting and Crochet (AR) 2:00pm Cards/Games *resident led (BI) 7:15pm Movie Night (HR)	
Religious Services Transportation Available Father's Day BBQ Lunch Summer Begins Father's Day 4:00 pm When Calls the Heart (HR)	18 8:30am Exercise with Paxxon (FC) 1:00pm MOVIE Life with Father (1947) (HR) 2:30-4:30pm Mah Jongg (AR) 3:00pm B-I-N-G-O (DR) 4:00pm Bunco (BI)	19 8:30am Exercise with Paxxon (FC) 10:45am Colorado Experience-Documentary (HR) 2:00pm Group Trivia (HR) 3:00pm Social Hour Serving ice cream (PA) 7:00pm Movie Night (Resident Choice) (HR)	20 8:30am- 12:00pm Shopping trip (Any Store)**(BUS) 9:30am Zumba with Delaney (FC) 10:00am 9 Ball in the Bistro (BI) 3:00pm Bible Study (HR) 4:15pm Walking Club (weather permitting)	21 8:30am Exercise with Paxxon (FC) 10:00am Catholic Communion (AL-T) 11:00am Jeopardy (HR) 2:00pm Travel to Argentina Documentary (HR) 3:00pm B-I-N-G-O (DR) 4:00pm Taste of Argentina Chef Demo (HR)	22 8:3 am Exercise with Paxxon (FC) 10:30am Coffee Talk with Chef (HR) 1:00pm MOVIE Greater (2016) (HR) 1:00pm Fox Run Park (BUS)** 4:00pm Happy Hour Appetizers & Drinks-With Lone Wolf (BI)	23 10:00am 9 Ball in the Bistro (BI) 1:30pm Warm Hearts Knitting and Crochet (AR) 2:00pm Cards/Games *resident led (BI) 7:15pm Movie Night (HR)	
Religious Services Transportation Available 2:30pm Colorado Springs Baptist Church Service (HR) 4:00pm When Calls the Heart (HR)	24 8:30am Exercise with Paxxon (FC) 10:00am-3:00pm Graceful Garb Boutique (outside Bistro) 10:00am Tea Blend Workshop with PPLD (HR)** 1:00pm MOVIE Love's Portrait (2022) (HR) 2:30-4:30pm Mah Jongg (AR) 3:00 pm BIG B-I-N-G-O (DR) 4:00 pm Bunco (BI)	25 8:30am Exercise with Paxxon (FC) 10:45am Colorado Experience-Documentary (HR) 2:00pm Group Trivia (HR) 3:00pm New Resident Social- Everyone Welcome! Serving fruit smoothies (BI) 7:00pm Movie Night (Resident Choice) (HR)	26 8:30am- 12:00pm Shopping trip (Any Store)**(BUS) 9:30am Zumba with Delaney (FC) 10:00am 9 Ball in the Bistro (BI) 3:00pm Bible Study (HR) 4:15pm Walking Club (weather permitting)	27 8:30am Exercise with Paxxon (FC) 10:00am Catholic Communion (AL-T) 11:00am Jeopardy (HR) 2:00pm Travel to Argentina Documentary (HR) 3:00pm B-I-N-G-O (DR) 4:00pm Taste of Argentina Chef Demo (HR)	28 8:3 am Exercise with Paxxon (FC) 10:30am Coffee Talk with Chef (HR) 1:00pm MOVIE Greater (2016) (HR) 1:00pm Fox Run Park (BUS)** 4:00pm Happy Hour Appetizers & Drinks-With Lone Wolf (BI)	29 10:00am 9 Ball in the Bistro (BI) 1:30pm Warm Hearts Knitting and Crochet (AR) 2:00pm Cards/Games *resident led (BI) 7:15pm Movie Night (HR)	
Religious Services Transportation Available 2:30pm Colorado Springs Baptist Church Service (HR) 4:00pm When Calls the Heart (HR)	30 8:30am Exercise with Paxxon (FC) 10:45am Colorado Experience-Documentary (HR) 2:00pm Group Trivia (HR) 3:00pm New Resident Social- Everyone Welcome! Serving fruit smoothies (BI) 7:00pm Movie Night (Resident Choice) (HR)	31 8:30am Exercise with Paxxon (FC) 10:45am Colorado Experience-Documentary (HR) 2:00pm Group Trivia (HR) 3:00pm New Resident Social- Everyone Welcome! Serving fruit smoothies (BI) 7:00pm Movie Night (Resident Choice) (HR)	 FATHER'S DAY			