



May 2026

Independent Living Calendar

STC - Calendar & Activities Subject To Change



(HR) Harmony Room
(MR) Melody Room
(LI) Library
(CY) Courtyard
(BUS) Bus

LOCATION

(BI) Bistro
(MR) Main Dining Room
(AR) Art Room
(PA) Bistro Patio
(LO) Lobby

(FC) Fitness Center
(PDR) Private Dining
(AL) Assisted Living



Underlined events require sign up
Purple is special days
\$\$ = Additional fee



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 MEMORIAL DAY		 Happy Mother's Day		1	2
3	4	5	6	7	8	9
<p>Religious services transportation available</p> <p>2:30 pm Colorado Springs Baptist Church Service (HR) 4:00 pm When Calls The Heart (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 9:00-10:00 am Hearing Aid Cleaning (HR) 10:00 am Exercise Equipment Tutorial (FC) 10:00 am Welcome Committee Meeting (LI) 1:00 pm MOVIE Miss Congeniality (2000) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm BINGO (DR) 4:00 pm Bunco (BI)</p>	<p>8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience Documentary (HR) 2:00 pm Group Trivia (HR) 3:00 pm May Birthday Party/Cinco de Mayo Party- Everyone Welcome! (BI) 7:00 pm Movie Night (Resident Choice) (HR)</p>	<p>8:30 am Twist & Bend Seated Exercise (FC) 8:30 am - noon <u>Shopping Trip</u> (BUS) 10:00 am 9 Ball in the Bistro 10:30 am Activities Meeting (HR) 2:00 pm <u>Mother's Day Tea (ladies only)</u> (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 10:00 am-noon Craft Corner (AR) 1:30 pm Educational Seminar by the Neptune Society (HR) 3:00 pm Bingo with Right at Home (DR)</p>	<p>8:30 am Exercise with Paxxon (FC) 10:00 am \$\$ (BUS) 10:30 am Coffee Talk with Chef (HR) 1:00 pm <u>America the Beautiful Park</u> (BUS) 1:00 pm MOVIE Miss Congeniality 2 (2005) (HR) 4:00 pm Happy Hour Appetizers & Drinks-With Terry Stillwell (BI)</p>	<p>10:00 am 9 Ball in the Bistro 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games-Resident led (BI)</p>
10	11	12	13	14	15	16
<p>Mother's Day Religious services transportation available</p> <p>Mother's Day Lunch</p> <p>4:00 pm When Calls the Heart (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 10:00 am Talk by Paxxon (HR) 1:00 pm MOVIE Mr. Church (2016) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm BINGO with Mason Law (DR) 4:00 pm Bunco (BI)</p>	<p>8:30 am Exercise with Paxxon (FC) 1:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) 3:00 pm Social Hour with Anova Care (BI) 6:00 pm Memorial Service for Dick Rosendall (HR)</p>	<p>8:30 am- noon <u>Shopping Trip</u> (BUS) 9:30 am Zumba w/ Delaney (FC) 10:00 am 9 Ball in the Bistro 2:00 pm Town Hall/Foodie Meeting (HR) 3:00 pm Hand & Foot (BI) 3:00 pm Bible Study (AR) 4:00 pm Walking Club (Outside-weather permitting)</p>	<p>Ascension Day 8:30 am Exercise with Paxxon (FC) 10:00 am Catholic Communion (AL-T) 10:00 am Blood Pressure Clinic- Paxxon (HR) 11:00 am Jeopardy (HR) 1:30 pm Armchair Travel with Virtual Reality (HR) 3:00 pm BINGO (DR)</p>	<p>8:30 am Exercise with Paxxon (FC) 11:00 am <u>Marigold Cafe & Bakery</u> \$\$ (BUS) 1:00 pm MOVIE Chicago (2002) (HR) 4:00 pm Happy Hour Appetizers & Drinks-With Charlie Katz (BI)</p>	<p>10:00 am 9 Ball in the Bistro (BI) 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Earl Clark Memorial Service (HR)</p>
17	18	19	20	21	22	23
<p>Religious services transportation available</p> <p>2:30 pm Colorado Springs Baptist Church Service (HR) 4:00 pm When Calls The Heart (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 10:00 am Internet Safety Talk by Danielle Doyle (HR) 1:00 pm MOVIE Six Days Seven Nights (1998) (HR) 2:30-4:30 pm Mah Jongg (AR) 3:00 pm BINGO (DR) 4:00 pm Bunco (BI)</p>	<p>8:30 am Exercise with Paxxon (FC) 10:30 am PPLD Library Stop (LO) 10:45 am Colorado Experience Documentary (HR) 2:00 pm Group Trivia (HR) 3:00 pm Social Hour Serving Devil's food cake (BI) 7:00 pm Movie Night (Resident Choice) (HR)</p>	<p>8:30 am Twist & Bend Seated Dance Exercise (FC) 8:30 am-noon <u>Shopping Trip</u> (BUS) 10:00 am 9 Ball in the Bistro (BUS) 2:00 pm Hand & Foot (BI) 3:00 pm Bible Study (AR) 4:00 pm Walking Club (Outside- weather permitting)</p>	<p>8:30 am Exercise with Paxxon (FC) 10:00 am-noon Craft Corner (AR) 11:00 am Jeopardy (HR) 1:30 pm Planet Earth Documentary (HR) 3:00 pm BINGO (DR)</p>	<p>8:30 am Exercise with Paxxon (FC) 8:30 am <u>Cripple Creek Trip</u> \$\$ (BUS) 1:00 pm MOVIE The Longest Day (1962) (HR) 4:00 pm Happy Hour Appetizers & Drinks-With Troy Waltz (BI)</p>	<p>10:00 am 9 Ball in the Bistro 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games-Resident led (BI)</p>
24	25	26	27	28	29	30
<p>Pentecost Religious services transportation available</p> <p>4:00 pm When Calls The Heart (HR)</p>	<p>Memorial Day</p> <p>9:30 am <u>Drop off at Territory Days</u> (BUS) 1:00 pm MOVIE Pearl Harbor (2001) (HR) 1:00 pm <u>Pick up from Territory Days</u> (BUS) 2:30-4:30 pm Mah-Jongg (AR) 4:00 pm Bunco (BI)</p>	<p>10:00 am-3:00 pm Graceful Garb Boutique (outside Bistro) 8:30 am Exercise with Paxxon (FC) 10:45 am Colorado Experience Documentary (HR) 2:00 pm Group Trivia (HR) 3:00 pm New Resident Social - Everyone Welcome! Serving Cherry pie (BI) 7:00 pm Movie Night (Resident Choice) (HR)</p>	<p>8:30 am- noon <u>Shopping Trip</u> (BUS) 9:30 am Zumba w/ Delaney (FC) 10:00 am 9 Ball in the Bistro 2:00 pm Hand & Foot (BI) 3:00 pm Bible Study (AR) 4:00 pm Walking Club (Outside-weather permitting)</p>	<p>8:30 am Exercise with Paxxon (FC) 10:00 am Catholic Communion (AL-T) 11:00 am Jeopardy (HR) 2:00 pm Travel to Jamaica Documentary (HR) 3:00 pm BIG BINGO (DR) 4:00 pm Taste of Jamaica Chef Demo (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 10:30 am Coffee Talk with Chef (HR) 11:00 am <u>Lunch Bunch Edelweiss German Restaurant</u> \$\$ (BUS) 1:00 pm MOVIE Forrest Gump (1994) (HR) 4:00 pm Happy Hour Appetizers & Drinks With Lone Wolf (PA/BI)</p>	<p>10:00 am 9 Ball in the Bistro 1:30 pm Warm Hearts Knitting and Crochet (AR) 2:00 pm Cards/Games-Resident led (BI)</p>

