



March 2026

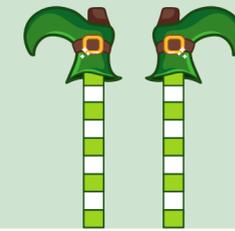
Memory Care Calendar

Colorado Springs



Purple is special days

17 March - St Patrick's Day
20 March - Spring Day



Where flowers bloom, so does hope

Lady Bird Johnson



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 9:30am Hymns & Worship 10:30am Gentle Stretch 1:30pm Flower Sensory 2:30pm Music Hour 3:30pm Calm Lights 4:00pm Sing-Alongs	2 9:00am Welcome Circle 10:30am Chair Movement 1:30pm Flower Sorting 2:30pm Music & Scarves 3:30pm Hand Massage 4:00pm Sing-Alongs	3 9:00am Welcome Circle 10:30am Rhythm & Moves 1:30pm Scenic Drive Outing 2:30pm Balloon Tap 3:30pm Name that Item 4:00pm Sing-Alongs	4 9:00am Welcome Circle 10:30am Dance & Music 1:30pm Parachute Lift 2:30pm Arts and Crafts: Classic Music & Painting 3:30pm Reminiscing Circle 4:00pm Sing-Alongs	5 9:00am Welcome Circle 10:30am Stretch Band 1:30pm Balloon Volleyball 2:30pm Finish the Phrase 3:30pm Fancy Nails! 4:00pm Sing-Alongs	6 9:00am Welcome Circle 10:30am Movement & Music 1:30pm Bingo 2:30pm Ice Cream Social 3:00pm Entertainment: Lone Wolf 4:00pm Sing-Alongs	7 9:00am Welcome Circle 10:30am Zumba 1:30pm Ball Roll 2:30pm Social Circle 3:30pm 1:1 Visits 4:00pm Sing-Alongs	
8 Daylight Saving Time Begins 9:30am Hymns & Worship 10:30am Gentle Stretch 1:30pm Flower Sensory 2:30pm Music Hour 3:30pm Calm Lights 4:00pm Sing-Alongs	9 9:00am Welcome Circle 10:30am Chair Movement 1:30pm GO TEAM! Therapy Dog 2:30pm Music & Scarves 3:30pm Hand Massage 4:00pm Sing-Alongs	10 9:00am Welcome Circle 10:30am Rhythm & Moves 1:30pm Outing: Ice Cream Shop 2:30pm Balloon Tap 3:30pm Name that Item 4:00pm Sing-Alongs	11 9:00am Welcome Circle 10:30am Dance & Music 1:30pm Parachute Lift 2:30pm Arts and Crafts: Shamrock Art 3:30pm Reminiscing Circle 4:00pm Sing-Alongs	12 9:00am Welcome Circle 10:00 Catholic Communion in AL theater 10:30am Stretch Band 1:30pm Balloon Volleyball 2:30pm Finish the Phrase 3:30pm Fancy Nails! 4:00pm Sing-Alongs	13 9:00am Welcome Circle 10:30am Movement & Music 1:30pm Bingo 2:30pm Ice Cream Social 3:00pm Entertainment: George Smith 4:00pm Sing-Alongs	14 9:00am Welcome Circle 10:30am Zumba 1:30pm Ball Roll 2:30pm Social Circle 3:30pm 1:1 Visits 4:00pm Sing-Along	
15 9:30am Hymns & Worship 10:30am Gentle Stretch 1:30pm Flower Sensory 2:30pm Music Hour 3:30pm Calm Lights	16 9:00am Welcome Circle 10:30am Chair Movement 1:30pm Flower Sorting 2:30pm Music & Scarves 3:30pm Hand Massage 4:00pm Sing-Alongs	17 St. Patrick's Day 9:00am Welcome Circle 10:30am Rhythm & Moves 1:30pm Scenic Drive Outing 2:30pm Ice Cream Social 3:30pm Celtic Step Performance 4:00pm Sing-Alongs	18 9:00am Welcome Circle 10:30am Dance & Music 1:30pm Parachute Lift 2:30pm Arts and Crafts: Q-tip Flowers 3:30pm Reminiscing Circle 4:00pm Sing-Alongs	19 9:00am Welcome Circle 10:30am Stretch Band 1:30pm Balloon Volleyball 2:30pm Finish the Phrase 3:30pm Fancy Nails! 4:00pm Sing-Alongs	20 Spring Begins 9:00am Welcome Circle 10:30am Movement & Music 11:00am Hymns of Faith with Gordon Johnson 1:30pm Bingo 2:30pm Ice Cream Social 3:00pm Spring Time Party 4:00pm Sing-Alongs	21 9:00am Welcome Circle 10:30am Zumba 1:30pm Ball Roll 2:30pm Social Circle 3:30pm 1:1 Visits 4:00pm Sing-Along	
22 9:30am Hymns & Worship 10:30am Gentle Stretch 1:30pm Flower Sensory 2:30pm Music Hour 3:30pm Calm Lights	23 9:00am Welcome Circle 10:30am Chair Movement 1:30pm Flower Sorting 2:30pm Music & Scarves 3:30pm Hand Massage 4:00pm Sing-Alongs	24 9:00am Welcome Circle 10:30am Rhythm & Moves 1:30pm Outing: Olympic Museum 2:30pm Balloon Tap 3:30pm Name that Item 4:00pm Sing-Alongs	25 9:00am Welcome Circle 10:30am Dance & Music 1:30pm Parachute Lift 2:30pm Arts and Crafts: Easter Bunnies 3:30pm Reminiscing Circle 4:00pm Sing-Alongs	26 9:00am Welcome Circle 10:00 Catholic Communion in AL theater 10:30am Stretch Band 1:30pm Balloon Volleyball 2:30pm Finish the Phrase 3:30pm Fancy Nails! 4:00pm Sing-Alongs	27 9:00am Welcome Circle 10:30am Movement & Music 1:30pm Bingo 2:30pm Ice Cream Social 3:00pm Entertainment: George Whitesell 4:00pm Resident Led Games	28 9:00am Welcome Circle 10:30am Zumba 1:30pm Ball Roll 2:30pm Social Circle 3:30pm 1:1 Visits 4:00pm Sing-Along	
29 Palm Sunday 9:30am Hymns & Worship 10:30am Gentle Stretch 1:30pm Flower Sensory 2:30pm Music Hour 3:30pm Calm Lights	30 9:00am Welcome Circle 10:30am Chair Movement 1:30pm Flower Sorting 2:30pm Music & Scarves 3:30pm Hand Massage 4:00pm Sing-Alongs	31 9:00am Welcome Circle 10:30am Rhythm & Moves 1:30pm Outing 2:30pm Balloon Tap 3:30pm Name that Item					